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## PRESS RELEASE

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“As of 4:30p on 5/5/2020 – Warm Springs Health and Wellness Center has sent in or tested **210** test samples, with **195 Negative, 8 pending, 15 positive, 4 have recovered.** (8 reported today) Note, the STATE lab is taking 24-48 hours for results.” Hyllis Dauphinais, Sr., CEO Warm Springs Health and Wellness Center

This week is nurses week, thank you for you do for our community and hanging in there with us during this CoVID-19 pandemic. The tribal partners response team is working to develop some guidance for all of our tribal entities as we begin planning to reopen the community. First, essential service, then slowly working to get the government services and businesses back open safely over a 4-8 week period.

The Corona Virus-19 has been called a “young disease”, meaning there is a lot we do not know about it and our professional health staff will answer questions such as “What is recovery?” “A person is considered recovered if it has been at least 10 days after the date of the test AND 3 days after symptoms are gone. They can come out of isolation, however, they are instructed to remain home as much as possible. If they need to leave the house, they must wear a mask. They should continue to monitor themselves for any changes in health status.” Katie Russell, BSN, RN, Community Health Services Manager, CTWS.

“People with mild symptoms may be considered recovered 10 days from the test if they have been symptom free for at least 3 days. Others, with more severe symptoms, may take longer to recover. The Community Health Nurses follow each case closely and consult with medical providers to determine when someone is considered recovered.” According to CHS Manager Russell.

Self isolation, quarantine and also monitoring own health is needed. When one is determined to be recovered, it still necessary to follow the instructions from nurses. The wearing of masks,, temperature checks, watch for return of symptoms.

STAY HOME STAY SAFE

